



# Westway Open Arms

Hand in Hand



With Local Churches

## Welcome! To The Spring Issue.

Spring has sprung. I hope you all had a wonderful Easter Holiday. Over the past three months we have started two new groups Soup Social and Chair Yoga. Thank you to Marie, Mandy and Fran who run these groups. They are enjoyed by many, and we have enjoyed the company of new members of the community. Details of when the groups are on is in the What's On section.

Westway Open Arms is entering this year's Dragon Boat Race in June to raise funds. Please look out for the posters your support would be greatly appreciated.



*At a glance*

• **Welcome**

• **Ukraine  
Appeal**

• **Food Bank**

• **Thank you**

• **What's On**

## Food Bank

Our volunteers continue to be extremely busy. The food bank at Westway Open Arms is open for donations Monday –Thursday 10:00am –2:30pm. Client Support is available Monday -Thursday 10am – 12pm. At times the centre may need to close early, if possible, please call on 01723 448274 before visiting

**NB. We cannot accept food containing alcohol.**

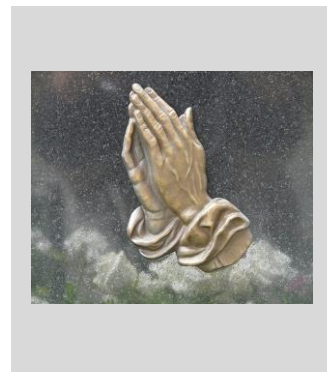


## Prayer

Lord,

We thank you that Spring is a sign of new beginnings. We see the beauty of new life all around us this time of year - daffodils, butterflies, and much more. Thank you that you offer us new life, new hope, and new opportunities.

Amen.



**Contact us.**

01723 448274

berniewestwayopenarms@gmail.com

# Debt Management

If you are particularly struggling with your finances Rainbow Money offers free, face to face and practical help to get you back in control of your finances.

We can...

- Sort out those worrying letters and explain any difficult financial terms.
- Create a budget that works for you.
- Negotiate with your creditors on your behalf.
- Help you find the most suitable option to deal with any debt.

Clients regularly say to us, ***“I feel like a weight has been lifted off my shoulders”***.



# Thank You

Thank you to everyone who has donated over the past three months. Your support is greatly appreciated. Picture to the right is The Old Globe and St.Nicholas Lodge who presented Westway Open Arms with a cheque for £400. A special thank you to Sue Corrigan and the ladies who knitted all the little chicks with a chocolate cream egg. They brought smiles to the children.



# What's On

Senses Coffee Morning Monday 9:30am- 11:30am (Term time only)

Senses Tuesday 10am-12pm (Term time only)

Soup Social Tuesday 1pm-3pm

Chair Yoga Wednesday 9am-10am (Term Time only)

Lunch Club Wednesday 12 o'clock

Craft Group Thursday 10am - 12pm

Gardening Club Thursday 10am –12pm

Debt Management Thursday 10am (Referral Only)

IDAS (Independent Domestic Abuse Service) Monthly Drop In

