



Hand in Hand



# Welcome! Autumn Issue

We are back!! Westway Open Arms has enjoyed a great Summer season. We gave out 386 five-day snack packs to children who would usually have a free school meal in term time. This ensures they have a meal each day in the holidays. Thank you to all the volunteers who helped with the preparation of the bags.

The groups will recommence week commencing Monday 16<sup>th</sup> September 2024.

If you would like Air Fryer lessons a course is being run week commencing 28<sup>th</sup> October, please contact the centre to pop your name on the list.

A trip to see Aladdin at the Stephen Joseph Theatre is being organised for December. Please call to ask about the criteria.

Our batteries have now been fully charged and we are ready for the many exciting challenges over the next three



At a glance

Welcome

Prayer

Food Bank

Thank you

What's On

## **Prayer for Autumn**

Dear Lord

As the season changes, we thank you that you remain a constant source of strength, joy and comfort. We thank you for the blessing of your provision in many different forms in our lives and at Westway Open Arms. Help us to reach out to others with what you give to us.

Amen



Contact us

01723 448274

berniewestwayopenarms@gmail.com

### Food Bank

The food bank has been busy supporting families and accepting donations. The food bank at Westway Open Arms is open for any person requiring our support Monday –Thursday 10:00am – 12:00pm. For donations the centre is open Monday – Thursday 10:00am to 2:30pm At times the centre may need to close early. If possible, please give us a call on 01723 448274 before visiting. Below is a list of the foods most required by the food bank.

Tins of mixed vegetables
Tins of sweetcorn

Tins of chickpeas

Tins of Chilli with meat

Tins of curried meat

Jam

Small jars of coffee

Donations of toiletries are always welcome.

NB. We cannot accept food containing alcohol



#### Thank You

Thank you for all the donations Westway Open Arms received over the summer period, your generosity is greatly appreciated.

St Nicholas Lodge (picture below) kindly presented a cheque for £350.00





### What's On

Senses Toddler Group Tuesday 10:00am to 12:00pm (Term time Only)

Soup Social Tuesday 1:00pm to 3:00pm (Term time only)

Westway Warblers 4:00pm to 5:00pm First Tuesday of the month

Chair Yoga Wednesday 9:00am to 10:00am (Term time only)

Lunch Club Wednesday 12 o'clock (Term time only)

Debt Advice Thursday 10am (By appointment only)

Craft Group Thursday 10am - 12pm

Gardening Club Thursday 10am –12pm

